

# A Liturgy for Holy Communion

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## We Gather for Worship and Praise God

Come, all you who are loved by God,  
Come, and be fed with the food  
that He gives freely;  
Come, and quench your thirst  
from the Waters of Life;  
Come, and let your spirits be filled again  
with the goodness of your Creator.

**Lord God, Giver of all good things,  
We hear Your invitation,  
we see Your gifts of life and grace.  
We have come, we have tasted  
and we know...  
God, You are good.  
Amen.**

## We Bring Our Confession

*A moment of silent prayer may be  
observed, in which each one may reflect  
on their lives, and bring their prayers for  
forgiveness, healing and renewal to God.*

O God, Who embraces us in mercy  
and acceptance,  
We recognise those places in our lives  
where we have been hurt and rejected.  
**And we offer them to You.**  
We recognise those times  
when we have hurt and rejected others  
**And we offer them to You.**  
And we recognise the ways  
that we have failed to believe  
in Your forgiving power.

**In the Name of the One Who died,  
Who said, "Father, forgive them,"  
we pray that You would cleanse  
and heal us,  
And help us to live in the strength**

*that comes from Your love.  
Amen.*

## We Proclaim What We Believe

We believe in God,  
**The Maker and Lover of all things.**  
We believe in God,  
**The One who comes near,  
and rescues all people.**  
We believe in God,  
**The One who gives life  
to every creature,  
and fills us with strength and love.  
Amen.**

## We Bring Our Requests

Faithful God, full of Compassion,  
You have promised to be near us,  
and to listen to our prayers  
for ourselves and others  
And so, we pray for our world,  
torn by hatred and division,  
broken by poverty and disease.  
**Let Your mercy fill our world.**

We pray for our country,  
still frightened by  
the memory of chains,  
struggling to become new.  
**Let Your mercy fill our country.**

We pray for our families  
and communities,  
places of celebration and suffering,  
places of joy and grief.

**Let Your mercy fill our families  
and our communities.**

And, we pray for ourselves,  
with so much need  
and so much pain,  
With so much hope  
and so many dreams.

**Let Your mercy fill us, O God.  
Amen.**

*The Lord's Prayer may be said together.*

## We Gather at the Lord's Table

Come, all you who are loved by God,

Come to the table of the Lord,  
Come and eat food with no cost,  
Come and drink with no money  
to pay.

**We come to eat, to drink,  
and our hearts are glad.**

Yes, Dear Lord our God,  
Our hearts truly are glad,  
and we are filled with thankfulness,  
Because in Your great love  
You did not abandon us  
in the dark and fearful places  
of this world,

But in Jesus, You came to us,  
to rescue us, to restore us,  
and to give us new life.

**And all who are tired and burdened,  
all who are frightened and unsafe,  
all who are sick and broken,  
can come and find new life.**

We remember the way that Jesus  
showed us His love:

On the evening before He died,  
He had supper with His friends.

During the meal,  
He took the loaf of bread,  
gave thanks for it,  
broke it  
and then passed it around  
with these words:

**This is my body broken for you.  
Eat this and remember Me.**

And, after the meal  
He took the cup of wine,  
gave thanks for it  
and then passed it around  
with these words:

**This is my blood shed for you.  
Drink this and remember Me.**

And now, every time we eat bread  
like this,  
and every time we drink wine like this,  
We remember Jesus,  
and His everlasting love.

*Those who are serving communion  
receive first, and then serve the rest of the  
worshippers.*

## We Prepare to Go Back Into the World

Now come, all you who are loved by God,  
Hear His call to serve others  
as He has served you;  
Hear His invitation to be part  
of His plan to rescue the world;  
Join the community of those  
who walk in the footsteps of Jesus.  
**Lord God of World-Changing Love,  
We thank You for this meal,  
and for welcoming us to Your table.  
We remember that we are  
Your children,  
and that You have called us  
to share Your love  
with everyone we meet.  
Help us to receive Your life,  
walk in Your strength,  
and follow Your ways  
every moment of our lives.**

And now, may God's caring arms  
embrace us,  
Jesus' comforting words fill us,  
and the Holy Spirit's renewing Presence  
surround us  
today and always.  
**Amen.**

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